

Fitness Revolution

Get Ready For Summer Fitness Specials



8 Semi-Private Training Sessions - \$37 (Normally \$279)

- Individual Program Design - to address your individual needs and goals
- 1 Biosignature Assessment and Supplement Recommendation
- Tuesday and Thursday - Flexible Scheduling



1 on 1 Nutrition Coaching - \$50% off

- Determine your limiting nutritional factors and game plan how to overcome them
- Initial Session \$50 (Normally \$100)
- 2 Follow up sessions \$40 each (Normally \$80) if scheduled at the first session



2 Months of Boot Camp for \$50/month - Summer Slimdown Challenge

- Put a team of 5 together (you and 4 others) and sign up for the Summer Slimdown Challenge
- Your current membership will be paused and you will only pay **\$50 per month for 2 months of boot camp**
- \$1000 Team Grand Prize & \$250 Individual Grand prize

Name: _____

Credit Card # _____ Exp _____

Signature _____ Date _____